



Anglican Church Women

Diocese of Algoma Newsletter

Summer and Fall 2019

Introducing your 2019-2020 Executive



Back (l-r): Sharon Corston, Communications and PR Chair; Linda Hughes, Temiskaming Co-ordinator; The Rev. Beverly van der Jagt, Sudbury/Manitoulin Deanery Chairperson; Ruth Merkley, Thunder Bay-North Shore Deanery Chair; Linda Smith, Muskoka Deanery Chair; Joy Stott, Family Life Chair; Janet Pike, Vice-President; The Very Reverend Dean James McShane, St Luke's Cathedral, Sault Ste. Marie; The Rev. Canon Edna Murdy, Chaplain; Pam Handley, Temiskaming Deputy Co-ordinator; and Archbishop Anne Germond.

Front (l-r): Darla McMeekin, President; May Seguin, Social Action Chair; Barbie Garvin, Past-President; and Jacquie Howell, Treasurer.

Missing: Gina Newhall, Secretary; Thelma Smith, Assistant Treasurer; and Susan Goodwin, Devotions Chair.

Diocese of Algoma Anglican Church Women Board 2019 - 2020

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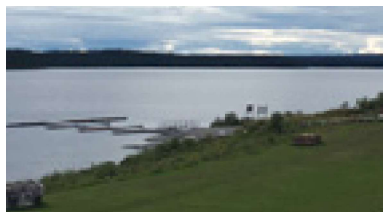
Deanery Chairpersons

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Thunder Bay/ North Shore	Ruth Merkley rm_element@tbaytel.net	305 Marks St S, Thunder Bay	P7E 1M3	807-623-0285



Diocese of Algoma

From the Archbishop



Dear ACW friends,

Greetings from Mistissini Quebec where I am on my second 'Confirmation Tour' in the Diocese of Moosonee. As you know, my role as the Metropolitan for the Province of Ontario includes being the Bishop of Moosonee. Bishop Tom Corston is the Assistant Bishop of Moosonee and he and Ruth have taken me under their wings to be my guide as I undertake this new ministry, along with its extensive geography. In June Colin and I travelled together with +Tom and Ruth up the east coast of James Bay and visited four indigenous communities over a six day period. Over 150 young people renewed their commitment to Jesus and we feasted on goose with their family and community members after each celebration. As I tell you about my experience I am also offering you some food for thought in your small groups, or as you read this on your own. There is a question at the end of each paragraph.

I want to tell you about these trips so you may come to know something about my ministry I do when I'm not in Algoma, but mostly because there is no wall separating our neighbours to the north of us - in Christ we are all one body. Getting to know our neighbours and reaching out to them, whoever they might be is part of our baptismal calling "To seek and serve Christ in all persons, loving your neighbour as yourself."

Food for thought: How well do you know your neighbours where you live and where you worship?

We left Sudbury on a Friday morning and drove north and east through the tiny communities of Temiskaming and headed into Quebec after a lunch stop in New Liskeard. We arrived in Val D'Or by late afternoon - our resting place for the night. There used to be a vibrant Anglican Church in Val D'Or but it is now a shared ministry with the United Church. There is a weekly service led by a Licenced Lay Minister in the UC and a monthly communion service led by the Anglican cleric who drives three hours from his community of Waswanipi. We celebrated Eucharist in the little United Church on Friday evening with a congregation of ten who sang the hymns lustily and appreciated the fact that we had come to be with them. One couple from the east coast of James Bay had driven ten hours to join us!

Food for thought: If you didn't have a service of worship in your home parish, how far would you be willing to go to attend one in a neighbouring community? Have you ever attended worship in a neighbouring church?

Saturday dawned and after breakfast we drove another 600 kms north through bush and then black spruce forests to the indigenous community of Mistissini. The incumbent and his wife are George and Anne Westgate and over the last five years they have worked hard to develop a youth and children's ministry. The Sunday school has between 40



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and 50 children on a Sunday morning and 30+ young people received confirmation at a beautiful service in the town's arena - the church being too small to hold all of the family members who came out to share in the celebrations. On Sunday afternoon we drove 270 kms to the indigenous community of Waswanapi for an evening service of Confirmation for 20 young people. On Monday we returned home to Sudbury having spent a total of 28 hours on the road so that we might lay our hands on the heads of young people and empower them for their ministry as adults in the church.

Food for thought: When was the last time your parish held a Confirmation or Reaffirmation service?

Confirmation is an important rite of passage in the indigenous communities and after the service celebrate the occasion in a communal feast complete with turkey, goose and bannock. It is usually the women who cook the meal but the men hunt the geese and prepare the outside fires. There are pies of all kinds for dessert and a cake for each youth, made by their family just for them. The newly confirmed take their cake around the room and offer a piece to other community members. By the end of the evening one can have up to a dozen slices of cake on a plate! I learned that what you don't finish you wrap in tinfoil and take home to enjoy for the rest of the week.

Food for thought: When you host a time of fellowship in your parish do you prepare it with joyful hearts, or does it just feel like more work?

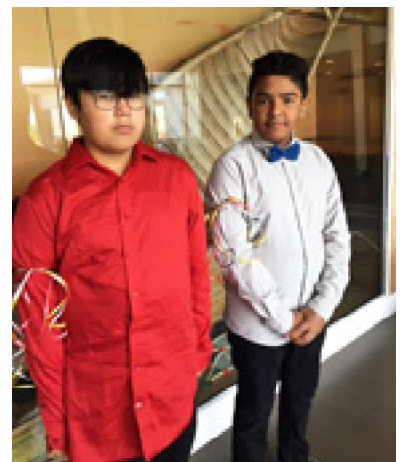
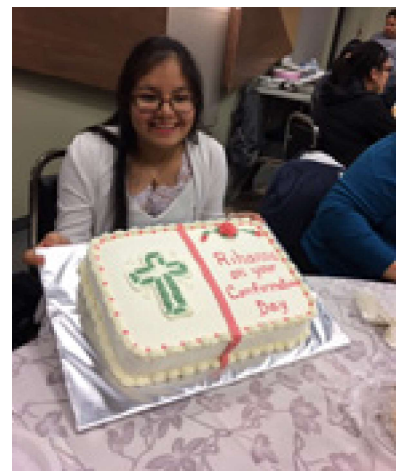
Confirmation is also the occasion where the young people receive their First Holy Communion. During the rehearsal for Confirmation we teach them about the significance of the Eucharist and how to hold their hands to receive the wafer, and that they only take a tiny sip of wine. The youth are always curious about what the bread and wine will taste like and are eager to participate in the sacrament. It is a moment of wonder - that holy moment in the service when after our communal prayers and worship we receive the body and blood of our Lord.

Food for thought: What is your 'moment of wonder' in the liturgy?

This is the beginning of a new school year and many of you will be reconnecting in your ACW groups as the fall season gets underway. May it be a time of renewal in your faith and life in Christ. I look forward to seeing you on the road as we continue our journey in Jesus with joy.

Love and blessings,

+Shae



Presidents Message

Greetings Ladies!!

A wonderful time at our Diocesan Annual in Sault Ste. Marie hosted by Algoma Deanery!! I am honoured to have been installed as your President to serve the Anglican Church Women of the Diocese of Algoma. The power of the simple words "Thank You" is meant to encompass my gratitude, humility, understanding, and appreciation of all the vast community of women behind me. Your gifts of time, love, and service to those in physical and spiritual need, sharing resources and ideas to carry out missions you have chosen will help to bolster my efforts to meet the challenges God is offering me.

Thanks to God for giving us this wonderful gathering time to share worship, fellowship, mission experiences, and to reflect on the many ways we can share the love of Jesus in helping to bear the burdens of others. Thanks and Blessings to: Archbishop Anne for our Opening Service, her presence and leadership throughout the gathering; the great meals, accommodations, agenda, visits, exciting speakers and delightful entertainment provided by the Algoma Deanery team. It was been a most prayerful, productive, and pleasurable event.

May God have blessed you with a wonderful summer! As we follow the splendor of God's gift of the turning of the leaves may you enjoy the camaraderie of creating the celebrations of Choral Evensongs, Thanksgiving, honouring our Veterans and First Responders, Kairos Blanket Ceremonies, Blessing the animals, the dinners, bazaars, community barbeques, outreach, and all of the details that enrich the lives of all as we approach Advent.

To those taking new responsibilities and those carrying on in your deaneries at your Fall Meetings,

Thank You!! Welcome and Congratulations!!! Would you please advise Gina Newhall, our Algoma Diocesan Secretary at newhallgina@gmail.com, of new contact information to update the spring Diocesan Board and Deaneries lists. We will do our best to have accurate 2020 information out before Christmas.

Thanks and Blessings,

Darla

Darla McMeekin
President.

Chaplain's Message

Greetings Sisters in Christ,

What a wonderful week we had together at the Annual Meeting in Sault Ste. Marie. Everyone was greeting each other with smiles and hugs, laughter ringing in the halls, sharing our lives and love with each other over meals, worship, study, and "business" matters. Such a wonderful way to live Jesus' commandment to love one another as Jesus has loved us. And even further, to proclaim the Gospel from Jerusalem (our homes) to the whole world. I noticed the smiles and greetings from the various hotel staff when they were present and serving us. Truly smiles and laughter are contagious, and help ease other's burdens. What a great way to live out our obedience to the advice of Paul to the Galatians - Bear one another's burdens. Let us work for the good of all!"

On June 9th, we are going to celebrate Pentecost, the birthday of the Church. Hopefully we will be doing so with loud and cheerful praises and thanksgivings as those first apostles. Thanks to them, we are here today with a deep faith and trust in God because of that Holy Spirit residing in us, sometimes even filling us with an inner fire to reach out to others, to offer ourselves in service to those in our families and community and even farther afield. That flame of the Spirit within us allows us to offer the light of Christ to others since-at our baptism- we became part of Christ's body. Another image of the Holy Spirit that inspires me to live my life for Christ, is the one in the hymn, "She Comes Sailing on the Wind", the chorus singing:

"She come sailing on the wind, her wings flashing
in the sun,
on a journey just begun, she flies on.
And in the passage of her flight, her song rings out
through the night,
full of laughter, full of light, she flies on."

May we all, as fall approaches, feel the weightlessness of the Spirit sailing on the wind and be able to live, love and serve as we, too, sail on the wind - the breath of God!

Your sister in Christ,

Edna+

The Rev. Canon Edna Murdy
Chaplain

ACW Prayer Partners for within the Diocese of Algoma.

James 5: 16- 20, 1 Thessalonians 5: 16-18.

Hello Everyone,

As Christians we are encouraged to pray for one another and to pray without ceasing, and perhaps also to pray with an understanding of those we hold in our prayers, perhaps to move along side in times of trial or indeed rejoicing. The following list therefore is to help us in this undertaking for the coming year. Each Deanery has been paired with a Deanery Prayer Partner (*chosen at random*) to pray for throughout the coming year and to accompany this is a list of the communities that are within each of the Deaneries. This list can also be found on the Diocesan web site.

I thought, wouldn't it be great if every group in a Deanery were not only regularly praying for their Deanery Prayer Partner but in addition one or two of the communities by name in that Deanery. I understand that all the groups are very busy but just a few moments of holding them in prayer may become a blessing for and them as well as ourselves.

Your sister in Christ

Sue Goodwin

Devotions Chair.

Deanery	Prayer Partner
Algoma	Muskoka 20 Communities Aspdin to Mortimer Point
Muskoka	Temiskaming 10 communities
Sudbury Manitoulin	Algoma 11 Communities
Temiskaming	Deanery of Thunder Bay-North Shore. 5 Communities + 10 Orville to Windermere in Muskoka
Deanery of Thunder Bay-North Shore.	Sudbury Manitoulin 16 Communities

Each Deanery has a Prayer Partner from elsewhere in the Diocese of Algoma, below is a list of the communities and the number of churches and clergy for each Deanery. As you will see Muskoka has the lion's share of communities and so I have taken some of those for Temiskaming to pray for as they have the fewest.

- a) Algoma has 16 churches and one chapel, is served by 7 clergy and 2 lay pastors, and encompasses the communities of

Blind River
Echo Bay
Garden River
Goulais River
Heyden
Jocelyn
Llewellyn Beach
Sault Ste Marie
Thessalon
Wawa
White River

- b) Muskoka has 31 churches and two chapels, is served by 9 clergy, and encompasses the communities of

Aspdin
Bala
Baysville
Beaumaris
Bracebridge
Dorset
Eagle Lake
Emsdale
Falkenburg
Fox Point
Grassmere
Gregory
Gravenhurst
Huntsville
Ilfracombe
Mactier
Magnetawan
Milford Bay
Mortimer's Point
Orrville
Parry Sound
Port Carling
Port Cunnington
Port Sandfield
Port Sydney
Ravenscliffe
River Barkway
Rosseau South

Ullswater
Windermere

- c) Sudbury-Manitoulin has 18 churches and one chapel, is served by 8 clergy and 1 lay pastor, and encompasses the communities of

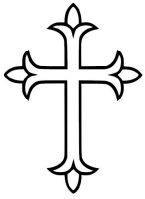
Biscotasing
Capreol
Coniston
Copper Cliff
Elliot Lake
Espanola
French River
Gore Bay
Kagawong
Little Current
Lively
Manitowaning
Mindemoya
McGregor Bay
Sagamok
Sudbury

- d) Temiskaming has 12 churches, is served by 7 clergy and encompasses the communities of

Callander
Cobalt
Englehart
Haileybury
North Bay
Powassan
Restoule
Sturgeon Falls
Temagami
Temiscaming

- e) Deanery of Thunder Bay-North Shore has 11 churches and one mission, is served by 8 clergy and encompasses the communities of

Marathon
Murillo
Nipigon
Rosslyn
Schreiber
Thunder Bay



**ACW
The Quiet Corner**

Algoma ACW
Devotional Chair

Sue Goodwin

Welcome, come and rest awhile and take some time to reflect.

Read the word of God and allow it to fill your being let it say to you what God wants you to hear. Then if you wish read on, as I share with you what it said to me, for truly we are all different and he treats us that way.

Read Mark 12; 28-34.

There are only two Commandments! Yes I know there are ten in the list and many more sub commandments listed in Deuteronomy but Jesus himself said there are only two of import firstly ***“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this Love your neighbour as yourself there is no commandment greater than these”.*** Mark 12:29b-31 NIV

It's all about love you see, keep those first two Commandments and we keep all the others. It's quite simple really but not actually that easy, owing to our human nature. The following eight commandments are all about what we would never wish to do if we truly love God, have respect for ourselves and love for those who share this beautiful planet with us. You see it doesn't matter what they look like or who they are or even their sexual orientation, whether they come to church or a mosque or the gym, they are loved by God as His creation whether they are aware of it or not! Sadly many are not, and they are missing out on the loving relationship that God longs to have with them through His Son Jesus.

Now as disciples of Jesus we are meant to share the love that has been shown to us in Christ by what we do and say. The Christian presence in a community should be one of healing a source of God's reconciliation and peace. For God has loved us from the beginning and will continue to do so for as long as it takes to gather in His lost children and then on into eternity.

To think about.

- Meditate for a few moment on John 1: 1-5, or Gen1: 31, in relation to the above verses in Mark.
- How do you think that your local church is demonstrating God's love in your community?

Let us pray.

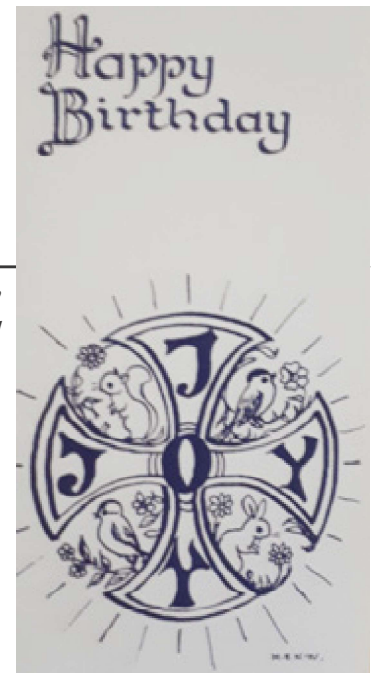
Loving heavenly father,
Thank you for loving us so much
that you sent your Son to teach us.
Help us to find ways to share that same love with others,
Asking nothing in return, save that they are blessed.
In the name Jesus Christ our Lord.

With every blessing
Sue.



***Family Life Happy
Birthday Card***

***Learning to play
the Bells***



Family Life

The joy!

of sharing, caring, ... and doing !

Wonderful, joyful days of getting together at our 2019 ACW Annual !

Sharing, caring, doing the work of God through joyful ministry !

I was impressed with how well our executive board meeting went!

Thank you to Barbie, Pam, Jacquie, Janet.

A warm Welcome to the newly elected executive members, and to our new president, Darla!

Thank you to the executive members for putting together the agenda and running the meeting so smoothly especially with sharing time allotted to each deanery; a time of sharing our reports and views on what was reported in our booklet or with some reports added during the meeting. We truly are bearing one another's burdens, working for the good of all !

Thank you to all the Deanery Presidents for their reports on the Life of their deanery parishes. We shared our good times, our burdens; in an expression of joyfully, sincerely supporting one another in Christian love.

The life of the "Family" reports, that were shared during our executive board meeting and the conference meeting, were so uplifting!

I am sure many of these reports will be mentioned in this newsletter.

Praying for each other, from one Diocese, to the other; and within our deaneries praying for each others' parishes. I only hope not only for those prayers to be lifted up for each other; but to be turned into action, where others being able to somehow support one another in whatever support is needed.

Regarding Family Life on what I brought to the board meeting and the conference, there was discussion on whether the cards I bring to the annual meetings, especially the "Little Helpers" and birthday cards for ages one through to seven years of age were of interest to most of the deaneries.

The Baptism cards were purchased last year, as were most of the birthday cards up to the age of five years. One nursery roll.

I have an over stock of ages six to seven year old

cards. The "Little Helpers Invitation cards" have not been purchased since I took over. At this year's annual I had only one small sale.

It has been decided this will be the last year I will hold on to these cards. If there is anyone interested in purchasing these cards please let me know.

I encourage you to keep your line of communication open to our children, youth and parents, be it with cards, phone calls, emails or personally warmly thanking them with their involvement within your parishes, and letting them know how much God loves them! Share the joy!

At the same time, I started writing this report, we were into Pentecost and yesterday, Trinity Sunday. Studying and reading about the Holy Spirit with my youth! And as we the ACW pray for each other I leave you with...

John 14:18 *He promised to send the Spirit, a Helper.* NIV

John 15:26 *who would encourage, enlighten, empower and intercede for all believers.* NIV

Romans 8:26 *Jesus gave the Spirit a name: the Advocate.* NIV

John 14:26 *But the Advocate, the Holy Spirit, whom the Father will send in my name will teach you all things and will remind you of everything I have said to you.* NIV

Romans 8: 26-27 *In the same way, the Spirit helps us in our weakness we do not know what we ought to pray for, but the Spirit intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.* NIV

Not only did I hear good news from the Deanery presidents at our conference, I also heard from parishes at Beverley van der Jagt's Ordination where Darla and I attended, on June 1st. During the reception it was so inspiring to hear that there too, various churches had for a long time, shared in a "family time" of helping one another out whenever there was a church function, be it a strawberry social, bazaar, VBS, or helping out with Beverley's ordination. I noticed how it wasn't just women in the kitchen, and serving us, ... but the men were there as well!

Prayerfully, your sister in Christ, Joy

Joy Stott
Family Life

Social Action

The Cigarette Waste Recycling Program

According to Global News Canada - Shore line Clean-up volunteers reported, in 2018, that cigarette butts were and are the top concern for everyone. From all reports you may have thought plastic straws were the major concern but that is not the case although straws do rank in the top ten category. The General Manager of Transportation & Operations of the City of Belleville states that cigarette butts are the most littered item in the world. City of Belleville was the first city of Eastern Ontario to begin recycling cigarette butts and working with Terracycle Canada (based in Toronto) and a USA company. (1.800.758.2943 or 1.416.661.9676 or www.terracycle.com/en-CA)

A Belleville business owner stated in the past before installing a waste collection box he would collect close to 80 butts on any given day whereas now he will find 5 or 6. These cigarette collection boxes will accept extinguished cigarettes/ butts, cigarette filters, cigar stubs, rolling cigarette papers, ash, and the plastic or foil inside-packaging from the cigarette package (the outer packaging should be placed in your recycle box). The butt is divided into two categories -- one for the filter and the other for the ash. The filter actually soaks up chemicals and when these get tossed these chemicals release into our waterways while the ash goes to compost.

The collection boxes are available through Terracycle and the one-time cost is approximately \$100. plus taxes & shipping costs. After purchasing the collection waste box consider the location of where it will be installed, when filled you contact Terracycle and they will provide you with shipping labels and the necessary shipping box for the waste to be sent to them. You will be advised also to contact UPS (1.800.pick-UPS) for pick-up. Terracycle Canada encourages all to ship cigarette waste to them and will donate \$1. for every 3 lbs. of waste received to a non-profit organization, charity or school of your choice.

The recycled cigarette waste produces the brightly coloured plastic chairs and benches for your deck, patio or boat dock. **“Put your butt on a recycled butt.”**



May

May Seguin

Diocesan & Deanery of Temiskaming Social Chair

HOW ARE CIGARETTE BUTTS RECYCLED?

If you are a member of the Cigarette Waste Recycling Program, then you've probably asked yourself at one point or another: how in the world do you recycle a cigarette butt? Well, the answer may surprise you! Cigarettes are comprised of multiple components, and require a unique process for recycling.

Collection

Cigarette butts are collected and shipped to TerraCycle by organizations and individuals like you. The collected butts are aggregated and stored in our local warehouse where they are prepared for processing.



Processing

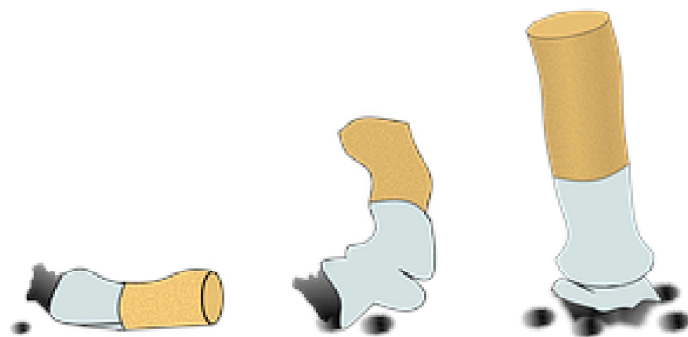
Cigarettes butts are comprised of residual tobacco, paper, and a filter.

- The residual tobacco and paper are separated out and composted.
- The filter, which is made of a white synthetic fiber called cellulose acetate, is thoroughly cleaned, melted, and pelletized using a method called extrusion.



Conversion

The cellulose acetate pellets are then combined with other plastics, such as polyethylene or polypropylene, and used for new plastic products such as ashtrays, shipping pallets, or plastic lumber.



CIGARETTE WASTE RECYCLING PROGRAM

ACCEPTED WASTE



See the picture above for what you can send in through this program. Then, every time your ash tray or ash receptacle is full, save your cigarette waste and send it in to TerraCycle.

Cigarette Waste Recycling Program accepted waste:

1. Extinguished cigarettes
2. Cigarette filters
3. Cigar stubs
4. Outer plastic packaging
5. Inner foil packaging
6. Rolling paper
7. Ash



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Social Action

An Update on Christian Salvage Mission (CSM) Canada

All new, cancelled stamps, post cards along with Christian materials collected within the Diocese of Algoma are sent to the Christian Salvage Mission. The cancelled stamps are transported to a broker, in Eastern Ontario, and with the sale of the stamps the money generated pays in part for the shipment of containers to Third World Countries.

Every two years I organize a BOOK SUNDAY, (next being 2020) where anyone may bring Christian, music books, or related religious materials and it also is shipped to CSM. These Christian materials are sorted at the warehouse in Hamilton, and then prepared for shipping. I wish to give you an insight into how these materials are prepared and shipped. Each container shipped contains nearly 15 TONS OF Christian reading materials packed into banana boxes. Why banana boxes? Well, banana boxes have handles, easy for anyone to carry, and fit 20' sea containers nice and tight, allowing CSM to squeeze in the most books possible. More books sent means more opportunities to help people come to the saving knowledge of Jesus Christ!

Year 2018 was a busy year for CSM shipping a total of 11 containers for the year, a total weight of 309,225 pounds of books. In January 2019 a 40-foot container was loaded with 20,000 books and barrels of soup mix from Gleaners of Alberta and 9 tons of Bibles all headed for Zambia. The second container in 2019, was shipped on Valentine's Day, to a Mission to the Poor in India-----this container was the 146th container shipped by CSM. Since, opening the warehouse in, the early spring of 2001 a total weight of 5,061,890 lbs. of materials have been placed in the hands of overseas servants. This works out to an average of 770 lbs. per day for every day since January 2001.

From January 2019 to May 2019 60,000 lbs. of Bibles and Christian reading materials and 79,000 lbs. of materials have been shipped. (all stats provided by CSM Summer 2019 Mission update).

CSM is a charitable non-profit organization ----registration number 88829 8031 RR0001

Should you wish to support this organization - donations of \$25. and over will be issued a Canadian income tax receipt, at years end. Donations by cheque or money order can be directly mailed to

CSM Canada
3 - 120 Lancing Drive
Hamilton, Ontario L8W 3A1
(905-574-3334).



May

May Seguin
Diocesan & Deanery of Temiskaming Social Chair

\$\$ Fall Treasurer's Ramblings \$\$

I do hope each and everyone of our Anglican Church Women across our great Diocese has had a wonderful "short" summer. I know many of you have an opportunity to have a break from ACW activities. I think of the Muskoka churches who have very busy summers and falls. (they have a break over winter). I took a break from ACW but filled my time with the process of closing our beloved small Church at Grassmere – some of you may recall the service that the Board had there many years ago when our Chaplain, the Rev Anne Germond led us in an inspiring service. We were blessed to have Archbishop Anne return to Grassmere this summer – yes, she was very inspiring and encouraging, as we say good bye to St. Paul's Grassmere.

Back to Diocesan ACW:

We had a wonderful Annual in Sault Ste Marie and I share with you that costs have escalated to hold such event and that cost must be reflected in the cost of registration.

Annuals are an amazing time of worship, sharing and fellowship and those attending must bear the cost. It really is a bargain. The Board has approved an increase in registration and I know Thunder Bay is being very cautious how they spend that money and they are negotiating very hard. You will enjoy their hospitality and programs with the small increase.

The GOOD NEWS is that as Diocesan ACW members you continue to support Mission work by supporting our thank offering and the Margaret Wright table. To date we have supported to the sum of \$ 4,344.20 the following:

Council of the North

Anglican Mission Services - Mary Sherwood

ARCH Hospice - Sault Ste. Marie

Anglican Foundation

Archbishop Wright Campership Program

The BAD NEWS is that our DONATIONS are down (almost \$2000.00) and the board is being very careful how we allot the money. **There is still some church who have not contributed and I ask that you give serious consideration to making a donation. PLEASE forward no later than December 1** as the mail is slow and to have your gift recorded for the annual booklet in the current year I must deposit by end of December.

Wishing everyone a healthy and happy fall.

Jacquie

Jacquie Howell
Treasurer



*Pictures from the
Opening Eucharist*



Roberta Bondar presentation at the Annual

We were honoured to have as our speaker astronaut and renowned photographer Roberta Bondar. She gave us a fantastic presentation in addition to sharing the recipe for the cake that her mother sent to her via space and was opened on her birthday.

Dream Cake

Recipe by Mildred Bondar

Preheat oven to 325°F.

In bowl mix by hand: ½ cup butter and ¼ cup brown sugar.

Add: 1 cup flour and pinch salt.

Place mixture into lightly greased pan (approx. 7"x7"x2") and bake in oven as a shortbread.

In a bowl, beat 2 eggs and 1 cup brown sugar.

Stir in:

- 1 cup desiccated coconut
- 1 cup finely chopped pecans
- pinch salt
- ½ teaspoon baking powder
- 1 tablespoon flour
- 1 teaspoon vanilla

Pour mixture over shortbread layer and return to oven for 30 to 40 minutes.

Remove from oven and cool.

Mix butter icing: 1 to 2 cups icing sugar and 1 tablespoon butter and 1 teaspoon vanilla with enough milk to moisten mixture. Spread on cake.

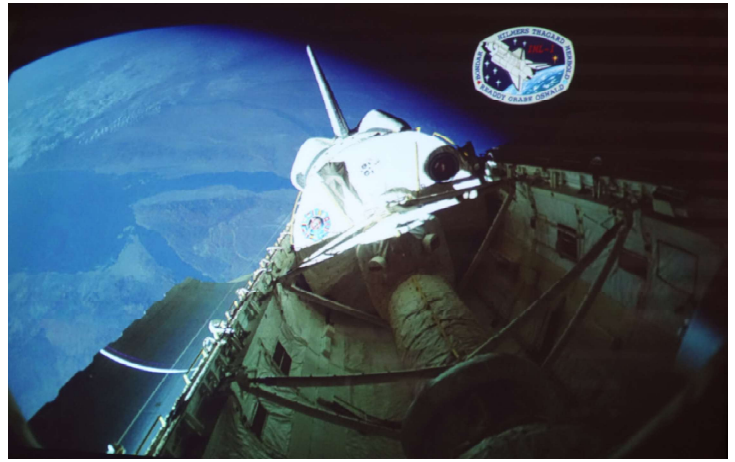
When icing has set, cut in squares.

Set some aside for your family, serve the rest.

Astronaut Roberta Bondar removing her Dream Cake from the food locker on STS-42. The plastic bag containing the Dream Cake can be seen in the Imax movie, *Destiny in Space* (NASA photograph).

At the bottom of page 15, Roberta Bondar joined the rest of the Diocese of Algoma Anglican Church Women Newsletter for this group photo.





Courage for Freedom - Project Onroute

Campaign Launch February 22 (Canada's Human Trafficking Awareness Day) and Concludes July 30 (World Day Against Trafficking)

Please note: Courage for Freedom educates, trains, and certifies front-line staff and community service providers with proven strategies and prevention tactics to serve vulnerable victims of human trafficking and sexual exploitation. They bring awareness to community agencies and personnel, government agencies, teachers and families who work or serve in a position of influence or care in this sector. For more information go to: <https://courageforfreedom.org/>.

Parent Help Sheet

Globally, young boys and girls are among those who have fallen victim to human trafficking. Canada is no exception. Our youth have also fallen victim to human trafficking and the trend is continuing. Police investigations have shown our youth have been primarily coerced or forced into prostitution. Forced prostitution is a form of human trafficking.

In order to help parents stay vigilant in keeping their children safe, the following child attitudes, behaviors and/or physical signs of abuse could be indicators that your child is being groomed for or already involved in forced prostitution.

Children could be at risk for involvement in forced prostitution if they demonstrate a number of the following attitudes, behaviours and/or signs of physical abuse:

Attitudes:

- Withdraws from family and/or friends;
- secretive and reserved with information about where they have been or with whom;
- extreme mood swings ranging from withdrawn to angry outbursts to very happy;
- angry, confrontational or abusive; and
- protective of a new boyfriend/girlfriend or friend and provides little information when asked about the relationship.

Potential Behavioural Indicators:

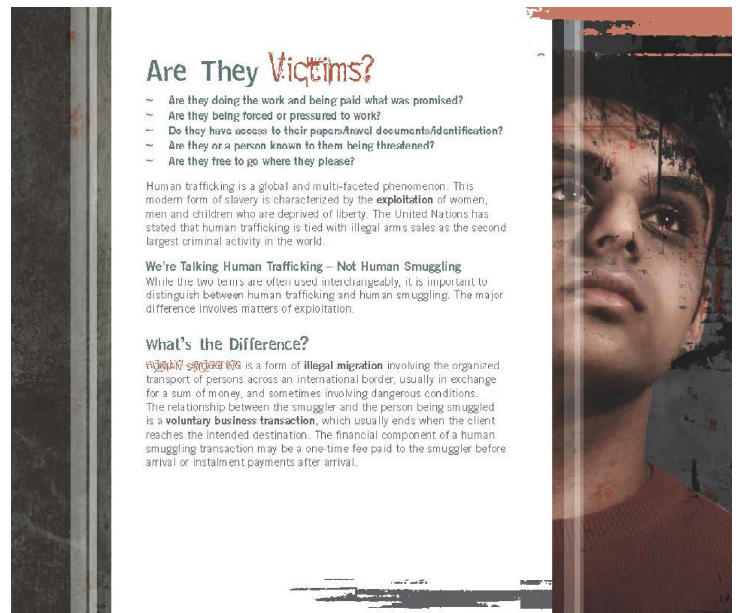
- Comes home later than usual for unexplained reasons;
- binge eats or eats less, resulting in weight loss;
- hangs around with new and different group of friends;
- wears expensive clothing and/or jewelry he/she could not possibly afford to buy;
- carries a cell phone or pager using blocked or private phone numbers;
- carries condoms or other sexual aids; and
- is secretive about Internet sites and contacts.

Physical Abuse Indicators:

- Unexplained bruises, cuts and or broken bones;
- black eye(s);
- tattooing or branding symbols, particularly names tattooed on neck, arms and/or legs; and
- cigarette burns on body.

Children who are trafficked for sexual exploitation in Canada are often exploited by pimps. A pimp is a person who makes money off a prostitute's earnings. Pimps are usually male, but can also be female, in which case they are referred to as "madams". They both often use violence and threats to control their victims. This may include sexual assaults, threats of violence, and/or physical abuse such as beating and tattooing/branding.

Often pimps will purport themselves as a loving boyfriend and shower their "girlfriends" with expensive gifts and romantic or expensive dates. This may include expensive jewelry, clothing, eating out at expensive restaurants, etc. Pimps will often give their "girlfriends" lots of compliments about their appearance and make them feel very comfortable. Pimps build trust with their victims by romancing and seducing them. This is all part of the recruitment and



HUMAN TRAFFICKING involves the **exploitation** of people through force, coercion, threat, fraud or deception and may include acts generally defined as human rights abuses. Victims may be forced into labour, prostitution or some other form of servitude. The relationship between trafficker and victim does not end upon arrival at destination, as the victim may be subjected to debt bondage (forced labour to pay off a debt). Unlike human smuggling, **HUMAN TRAFFICKING** occurs both across international borders and within national boundaries.

International Human Trafficking involves someone who, in the process of being trafficked, crosses an international border. Although it may include an element of human smuggling, internationally trafficked persons do not necessarily enter a country clandestinely or illegally. They may enter with a valid passport, visa or working papers.

Domestic Human Trafficking

While human trafficking is usually associated with migrant victims being trafficked into Canada, it may also be a purely domestic phenomenon occurring wholly within Canada. Vulnerable, economically challenged and socially dislocated sectors of the Canadian population represent a potential pool of trafficking victims. This includes teenage runaways, as well as those who may be lured to urban centres or who migrate there voluntarily.

The Promises Made to the Victims

- Money
- Work
- Education
- Freedom
- The life of your dreams
- Financial help for the family
- A better life
- A promising future

How to Recognize Victims

The victims may:

- Speak neither English nor French, or may not speak on their own behalf;
- Originate from foreign countries;
- Be unaware of local surroundings even though they have been in the area for an extended period of time;
- Show evidence of control, intimidation or abnormal psychological fear;
- Not be able to move or leave job;
- Have bruises or show other signs of abuse;
- Show signs of malnourishment;
- Be frequently accompanied or moved by their trafficker.



What is the Victim's Mindset?

The victims may:

- Not self-identify as victims of human trafficking. Victims may not appear to need social services because they have a place to live, food to eat, medical care and what they think is a paying job;
- Be taught to distrust outsiders, especially law enforcement. They have a sense of fear and distrust toward the government and police (i.e. fear of deportation in international cases);
- Feel better in their current situation than where they came from, even if they are being exploited;
- Be completely unaware of their rights or may have been intentionally misinformed about their rights in Canada;
- Fear for their families or someone known to them as some traffickers may threaten to harm them if they report their situations to, or cooperate with, law enforcement.

If you or someone you know is being exploited, contact your local police.

If you wish to report a crime anonymously, call Crime Stoppers at 1-800-222-TIPS (8477).

Contact us

Royal Canadian Mounted Police
Human Trafficking National Coordination
Centre (HTNCC) (24 hours) 1-855-850-4640

Atlantic Region

New Brunswick (24 hours) 1-888-506-7267

Newfoundland and Labrador (24 hours) 1-800-709-7267

Nova Scotia (24 hours) 1-800-803-7267

Prince Edward Island (24 hours) 902-566-7112

Quebec Region (24 hours) 1-800-771-5401 or 1-866-227-2124

National Capital Region (24 hours) 613-993-8888 or 613-952-4200

Ontario Region (24 hours) 1-800-387-0020

North West Region

Alberta (24 hours) 403-270-5794

Manitoba (24 hours) 204-983-5462

North West Territories (24 hours) 867-699-1111

Nunavut (24 hours) 867-979-1111

Saskatchewan (24 hours) 306-780-5563

Pacific Region

British Columbia (24 hours) 604-687-5555

Contact your local RCMP detachment or municipal police agency

Yukon (24 hours) 867-687-5555

For more information visit www.rcmp.gc.ca.

grooming stage, prior to forcing their victims into prostitution.

Keep in mind that the above listed indicators do not necessarily mean that your child is a victim of forced prostitution/human trafficking. Our help sheet is simply reminding parents that forced prostitution of young girls/boys by pimps/madams is a form of human trafficking in Canada.

The new national human trafficking hotline is now operational! Please let as many people as you can know about this number while thanking God for it. 1-833-900-1010 - canadianhumantraffickinghotline.ca.

For more information go to: <http://www.rcmp-grc.gc.ca/ht-tp/index-eng.htm> for the following information on Human Trafficking:

- Frequently Asked Questions
- Key Federal Partners
- Awareness Material and Resources
- Video: Human Trafficking is a Crime

Around the Diocese

Sudbur/Manitoulin

by Mary Beth Miller

Beverly van der Jagt (left) and Cathy Dionne (right) at the Ordination to the Diaconate for Bev held June 1 at St. John the Divine, Copper Cliff. The stole Bev is wearing was presented by Cathy from the ACW at the Church of the Ascension, Sudbury. Its artwork of children represents the ministry that Bev has in the Sudbury-Manitoulin Deanery working with the children.



Temiskaming

by Pam Handley

On Wednesday, September 12 the ACW ladies from across the Temiskaming Deanery once again gathered for their annual Fall Fling. This time St. Mary's in Powassan teamed up with The Church of St. John The Divine in North Bay to host this event in North Bay. This meant two smaller ACW groups combining to make one bigger and stronger group for the occasion. Between 20 to 30 ladies were expected to meet together once again to renew friendships since the Spring Fling that had been held at St. Brice's in North Bay.

The day began with registration and muffins - what better way to begin after a long drive from across the deanery. Then upstairs into the Church for the Eucharist with Rev Beth Hewson from St. Johns and Joan Morris from St. Mary's conducting the service. This time the offering collected was designated for A.M.S.C. - Mary Sherwood was our guest speaker later on.

Then downstairs again to the Business Meeting chaired by Pam Handley, Co-Chair of the Temiskaming Deanery who warmly welcomed Johanna Kristolaitis as the new Deanery Chair of Family Life.

Sue Goodwin, Deanery Devotions Chair, said "as the Anglican church has chosen to set aside September as the month for us to focus on Creation and our responsible stewardship of it, she planned to meditate on Psalm 19.

This was followed by all the necessary reports including May Seguin's update on her collections. This year she had a special request for "Soles (4) Souls" to assist in micro-enter prize programs in developing countries. What are these gently-used or new shoes really worth? It means:

1 pair - provides 5 meals for a family
20 pairs - provides 1 year of shelter
30 pairs - provides 1 year of schooling.

Our deanery deadline for this collection is Sept. 12 but shoes can be dropped off at the

BioPed Footcare & Orthotics during the rest of the year in your area.

Another exciting item during the meeting was "The Draw In A Box" for our new Prayer Partners. This innovative way of deciding who prays for whom during the year was the initiative of the National ACW. So we learned at the Annual Board Meeting in the Sault in May that Temiskaming Deanery is praying for Sudbury-Manitoulin so at our Fall Fling we put the names of all the parishes in a box and drew the names of the ACW we are to pray for throughout the year in the Temiskaming Deanery. What a simple way of doing this after all the years of tying ourselves up into knots trying to pair churches for prayer partners!

We then adjourned for luncheon which the other Co-Chair of our deanery Lynda Hughes had been putting the finishing touches to - food which the ladies from St. Mary's and St. John's had donated. And best of all were the squares which our treasurer Laura Loder always delivers. I especially like the ones with the pink icing on top.

After luncheon we dimmed the lights so Mary Sherwood could power up her power point and to show and tell us all about the latest events and news from the two missions in Madagascar - Akany Famonjena and Akany



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Editorial Assistants for the Winter Edition - Muskoka

Deadline for the next issue is ... December 1, 2019

Subscription Rate is \$12.00/year for 4 printed issues. Make cheques payable to: **Agloma Newsletter**.

Mail to: stay tuned for the name of your next Communications/PR Chair announcement!

Tafita. Mary introduced us to “two new little girls who have come to the orphanage - 5 year old Sarobidy whose name means precious and her 7 year old sister Fitahiana. Both of their parents were lost to tuberculosis”. So many more wonderful colourful pictures of the children, events, buildings and land which Mary continues to visit every year. Lynda thanked her very much for her updates on the Missions in Madagascar.

Judy Claus a talented lady from our congregation then treated us to familiar melodies on the piano while we polished off the last of the treats. Then Lynda wrapped up our day and ended with the ACW prayer before we headed off to our homes until meeting again in the Spring at St. Alban's in Restoule. Amen.

Thunder Bay – North Shore

Greetings Everyone

by Ruth Merkley

At the end of our non-existent summer, we are beginning again with our fall activities. There are a number of Fall and Christmas Teas already planned, along with Fall Dinners. We will have a Fall Deanery meeting, but don't have a date set yet.

We are having meetings monthly to plan for next year's Annual and hopefully the information will be out by the end of October.

Take care.



Mary Rossiter officially opening the Annual.



The Algoma Newsletter is published quarterly by the Executive of the Anglican Church Women of the Diocese of Algoma. Material is solicited from the executive board, committee chairpersons, the Deaneries, parishes, missions ... in fact any Anglican Church Woman may submit an article she wishes to share. This is your newsletter!



Communications

by Sharon Corston

It is finally out! It was a long time in the making but all in on track now.

I am hoping for a couple of follow-up articles from the annual for the next newsletter.

At Synod this year, the Diocesan ACW presented some Anglican Foundation Hope Bears to some very deserving ladies: The Rev'd Lana Grawbarger (Deacon Incumbent), St John's Garden River; The Rev'd Rosalie Goos; and Archbishop Anne.

I'll be asking for articles for the December edition as soon as I hit the <send> button.

Until next time,

Sharon Corston,
PR and Communications Chair.

